

LEADERSHIP EXERCISES FOR PEOPLE

DO'S

Have your dog sit and wait while you go through outside doors first.

Have your dog wait for their meal until after people have had their dinner.

Teach your dog to accept being touched while they eat.

Gently move your dog out of the way if they are lying in your path.

Have your dog obey a request, like sit, before receiving attention.

If your dog stares at you, stare back until they turn their head or look away.

Pet your dog with long, slow strokes, starting at the top of the head and continuing to the shoulders.

Play games like fetch, with you in control of the toy at the end.

Teach your dog that hands are not appropriate chew toys.

Practice touching and handling your dog's feet, mouth, and ears.

Speak in a soft, high-pitched, praising voice so your dog is eager to pay attention.

DON'TS

Let your dog run through the outside doorway ahead of you.

Let your dog eat before you or at the table with you.

Avoid disturbing your dog when they are eating.

Step around your dog or choose another route so the dog isn't affected.

Pet your dog whenever they come to demand attention.

Break eye contact first if your dog stares at you.

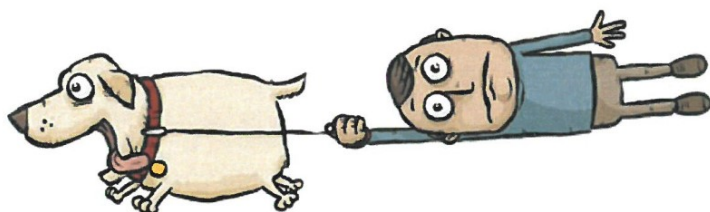
Pet your dog with quick short strokes across the head or face that gets the dog excited.

Play games like tug-of-war, where your dog is likely to win.

Encourage your dog to bite your hands by playing games with their mouths.

Avoid touching your dog's feet, mouth, and ears (unless you are in danger of being bitten).

Speak in loud, low tones unless reprimanding during training.



Practice these leadership exercises as the situations occur throughout the day. They will help turn your dog into a confident, friendly pet that is eager to please all members of the family-adults and children alike.